Sarah earned her Bachelor's of Science in Nursing from Lewis University in Romeoville in 2017. Her background includes medical oncology, post-intensive care, urology/general surgery and she has spent the last 3 years in Labor & Delivery/Postpartum Care. Sarah is passionate about empowering and equipping women and their families for a positive birthing experience. Sarah is hoping to become certified in the next year as a Lactation Consultant. Sarah enjoys teaching classes to the community regarding birth and postpartum care and she also volunteers weekly at the Pregnancy Resource Center.

Outside of work, Sarah enjoys spending time with her husband and spunky 2 year old daughter. Sarah loves a good coffee, reading, and cycling and barre for exercise!